



CCDSICON 2023

**7TH ANNUAL NATIONAL CONFERENCE OF (CCDSI)
CLINICAL CARDIO DIABETIC SOCIETY OF INDIA**
*Scientific Bonanza on Cardio-Diabetic-
Metabolic Syndrome*

1ST - 3RD DECEMBER 2023

**VENUE: HOTEL LE MERIDIEN, SECTOR 26
M.G. ROAD, GURUGRAM, HARYANA**



SCIENTIFIC PROGRAMME



Dr Y. P. Munjal
Patron



Dr (Prof.) A. N. Rai
Patron & Founder President



Dr Anil Virmani
National President



Dr Ashok K Taneja
President Elect &
Chairman Scientific Committee



Dr D. P. Khaitan
Dean ICCMD



Dr Jayant Panda
Imm. Past President



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National Secretary



Dr Ram Sewak
National Treasurer



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Organizing Secretary



Dr Pawan Goel
Vice President, CCDSIH



Dr Sandeep Suri
Vice President, CCDSIH



Dr Sanjiv Kapoor
Chairman API, Haryana



Dr Rakesh Gupta
Secretary API, Haryana



Dr Ravindra Gupta
Chairman API, Gurugram



Dr Harpreet Pasricha
API Gurugram Secretary



Dr Ayush Bansal
Treasurer, CCDSIH

Organized by: CCDSI, Haryana
Co-Hosted by: API, Gurugram & API, Haryana

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PROGRAMME AT A GLANCE

CCDSICON 2023-PROGRAMME AT A GLANCE	
1st December 2023: Friday	
1:30PM -3:00PM	Lunch
3:00PM-3:30PM	Executive Meet
3:30PM-8:30PM	Scientific Programme: Hall A
8:30PM	GBM : Under the Presidentship of Dr. Anil Virmani
9:00PM	Unwind yourself with Music & Dinner

CCDSICON 2023-PROGRAMME AT A GLANCE		
2nd December 2023: Saturday		
9:00AM-11:00AM	Oral Papers & Posters	Hall B
9:30AM-8:15PM	Scientific Programme	Hall A
11:00AM-01:00PM	Cultural Programme: For Spouses	Hall B
4:00PM-7:00PM	Scientific Programme & Distance Learning	Hall B
7:30PM	Inauguration	Hall A
8:30PM	Gala Dinner	

CCDSICON 2023-PROGRAMME AT A GLANCE		
3rd December 2023: Sunday		
10:00AM	Scientific Session	Hall A
2:30PM	Valedictory Function & Award ceremony	Hall A
3:00PM	GBM (Under the Presidentship of Dr Ashok Taneja)	Hall A

SCIENTIFIC PROGRAMME

1st December 2023, Hall-A

3:30PM-3:50PM	BP Measurement: The Best way Speaker: Dr. Kamlesh Tiwari (Muzaffarpur) Chairpersons: Dr. Gagan Gunjan (Patna), Dr. Pawan Goel (Rewari), Dr. Joy Chakraborty (Gurgaon)
3:50PM-4:10PM	Hypertension in Young Speaker: Dr. Kamaldeep Chawla Chairpersons: Dr. Apu Adhikari (Kolkata), Dr. Hemant Kumar (Narnaul), Dr. Ravindra Gupta (Gurgaon)
4:10PM-4:30PM	Hypertension in Elderly Speaker: Dr. A K Singh (Varanasi) Chairpersons: Dr. L Sreenivasa Murthy (Bengaluru), Dr. Sahil Popli (Hisar), Dr. Shailesh Sahay (Gurgaon)
4:30PM-4:50PM	Managing HTN: Recent Guidelines: Indian Scenario Speaker: Dr. Abhishek Kumar (Patna) Chairpersons: Dr. Niraj Bohenia (Kolkata), Dr. Anshul Sehgal (Fatehabad), Dr. Ajay Arora (Gurgaon)
4:50PM-5:10PM	Pregnancy & HTN Speaker: Dr. G D Ramchandani (Kota) Chairpersons: Dr. Ajoy Tiwari (Lucknow), Dr. Mandeep Garg (Sirsa), Dr. R C Sharma (Gurgaon)
5:10PM-5:30PM	HTN in CKD Speaker: Dr. Harshvardhan Chairpersons: Dr. Umesh Khan (Jamshedpur), Dr. D S Goel (Ambala), Dr. Harpreet Pasricha (Gurgaon)
5:30PM-5:50PM	Acute Stroke & HTN: Management Guidelines Speaker: Dr. Madhukar Rai (Varanasi) Chairpersons: Dr. U S Rai (Patna), Dr. Pawan Wadhawan (Panipat), Dr. P D Pahwa (Gurgaon)
5:50PM-6:10PM	MEET THE MASTER: ECG Analysis Made Simple Speaker: Dr. D P Khaitan (Gaya) Chairpersons: Dr. Mahesh Rath (Bhubaneswar) Dr. Dipesh Talwar (Sirsa), Dr. Prabhat Goel (Gurgaon)
6:10PM-6:40PM	Debate: Management of STEMI (12+12+3+3) (a) Is Thrombolysis Dead: Dr. Vikas Singh (Patna) (b) No Thrombolysis is still Alive: Dr. Ajay Sinha (Patna) Chairpersons: Dr. Ram Sewak (Gaya), Dr. Satish Gulati (Rohtak), Dr. Rajesh Kakkar (Gurgaon)
6:40PM -7:00PM	Gut in Diabetes Speaker Dr Amit K Das (Patna) Chairpersons: Dr. K K Pareek (Kota), Dr. Sonika Lamba (Rohtak), Dr. S C Baluja (Gurgaon)
7:00PM-7:20PM	MAFLD: Metabolic Disorder Associated Liver Disease Speaker: Dr. K K Lohani (Gaya) Chairpersons: Dr. Tapas Bandyopadhyay (Kolkata), Dr. Manoj Aggarwal (Ambala), Dr. Ayush Bansal (Gurgaon)
7:20PM-7:40PM	DKD: What is new in 2023 Speaker: Dr Raj Kamal Chaudhary Chairpersons: Dr. Ashish Aggarwal (Koba), Dr. Debashish Chakraborty (Kolkata), Dr. Ajay Mahajan (Hisar)

7:40-8:00 PM	NDKD in Diabetics Speaker: Dr Mritunjay Kumar Singh Chairpersons:
8:00PM-8:30PM	Key Note Address: Role of SLT2 Inhibitors in Non Diabetics. Speaker: Dr. A N Rai Chairpersons: Dr. B B Thakur (Muzaffarpur), Dr. P S Gehlot (Rohtak), Dr. R P Gupta (Gurgaon)
8:30PM-9:00PM	GBM (President: Dr Anil Virmani)
9:00PM	Unwind Yourself with Soulful Music

Saturday 2nd December 2023, Hall-A/B	
TIMING	TOPIC
9:00AM-9:45AM	Oral Paper (Hall-A) <i>Judges: Dr. Sonalika Lamba, Dr. Kaushik Saha.</i>
9:00AM-10:00AM	Poster Presentation (Hall-B) <i>Judges: Dr. Anoop Chhabra, Dr. K K Singhal</i>

2nd December 2023, Hall-A

TIMING	TOPIC
9:40AM -10:00AM	Treadmill Stress Test; Pros & Cons. Speaker: Dr Sajid Ansari (Lucknow) Chairpersons: Dr. S S Dariya (Jaipur) Dr. Tejinder Singh (Karnal) Dr. A K Singhal (Hansi)
10:00AM -10:20AM	Glycemic Variability: How to tackle Speaker: Dr. Anil Virmani Chairpersons: Dr. S K Panda (Bhubaneshwar), Dr. Harish Batra (Panipat), Dr. Gurgaon)
10:20AM -10:40PM	Obesity In Children: Rising Trends & Control Speaker: Dr. Sandeep Suri (Hisar) Chairpersons: Dr. PGIMS Rohtak, Dr. N K Jain (Gurgaon), Dr. Raman Abhi (Gurgaon)
10:40AM-11:00AM	Pre-Diabetes: Is it a Reality or just a misnomer. Speaker: Dr. TBA Chairpersons:
11:00 AM-12:00 PM	Insulins: Symposium (10 Min + 2 Min+ 10 Min Q/A) A) Who Needs & Why: Dr. Prakash Keshwani (Jaipur) B) Regimens-Which, When & Why?: Dr. P K Singh (Beghusarai) C) Insulin Initiation in Indian Scenario: Dr. Lt. Col S K Singh (Pune) D) Newer Insulins: Dr. B K Singh (Aurangabad) Moderator: Dr. Sanjeev Kapoor (Faridabad)
12:00PM-12:40PM	PANEL DISCUSSION : LIFE-STYLE MODIFICATION (7+ 2 Min + Q/A) Moderator: Dr. NC Singhal (Jamshedpur) A) WHY? :- Dr. S K Sharma (Jaipur) B) HOW: Dr. Chandan Das (Bhubneshwar) C) WHICH (TOP 3): Dr. Noni Gopal Singha (Smoking-Diet-Exercise) D) WHICH (NEXT TOP 3): Dr. Arvind Gupta (Jaipur) (Oil-Sex-Pollution)
12:40PM-1:00PM	Dr A N Rai Oration: Speaker: Dr Jayant Panda Chairpersons: Dr. Abhishek Kumar (Patna), Dr. Kamlesh Tiwari (Muzaffarnagar), Dr. Munish Prabhakar ((Gurgaon)
1:00PM-1:40PM	PANEL DISCUSSION: Hyperglycemia in Pregnancy (Each Speaker 8 Min+ 1 Min Moderator+4 Min Q/A) Moderator: Dr. R P Gupta (Gurgaon); Dr. Madan Jeet Pasricha (GOGS) A. Definition & Diagnostic Criteria: - Dr. S C Jha B. Managing During Pregnancy: Dr. Ritu Jain FOGSI Gurgaon) C. Nutrition Guidelines in GDM: Dr. Hridish Chakravarti (Kolkata) D. Post-Partum Assessment of DM: TBA
1:40PM-2:00PM	LUNCH
2:00PM-2:45 PM	LIPIIDS: SYMPOSIUM (13 + 2 Min) a) Case based approach to Lipids Management: Dr. P K Sinha b) What Else to Lower lipids without drugs: Dr. Arun Kedia (Raipur) c) Weight Reduction: Modules: Dr. S S Dariya (Jaipur) Chairpersons: Dr. Dr. Rakesh Gupta (Faridabad), Dr. M K Singh (Gurgaon)
2:45PM-3:15 PM	DEBATE: TARGET LDL ONLY (10 Mins Each & 2 Min Rebuttal + 3 Mi Q/A +3 Min Final comments by 3rd Umpire) For: Dr. Neelam Dahiya (PGI Chandigarh) Against: Dr. Shaibal Guha (Patna) MODERATORS/3 RD UMPIRES: DR S P Yadav (Rewari); Dr H Khem Chandani Gurgaon(
3:15PM-3:40PM	CCDSI ORATION : Dr Dheeraj Kapoor (Gurgaon) Chairpersons: Dr. A N Rai (Gaya), Dr. Anil Virmani (Jamshedpur), Dr. B B Thakur (Muzaffarpur)

3:40PM-4:00PM	Sub Clinical Hypothyroidism Speaker: Dr. Shankha Sen (Kolkatta) Chairpersons: Dr. Hridish Chakravarti (Kolkata), Dr. Parveen Gupta (Karnal), Dr Harmesh Aggarwal (Gurgaon)
4:00PM-4:20PM	Post Prandial Hyperglycemia & CVD Risk. Speaker: Dr. S Arulrhaj (Tuticorin) Chairperson: Dr. Ashish Saxena (Ludhiana), Dr. Harsh N Arora (Faridabad) Dr Seema Shahi (Gurgaon)
4:20PM-4:40PM	Heal The Healer: Lifestyle Mod in Drs: Jugal Bandi Dr. Munish Prabhakar et al. Chairpersons: Dr. Puneet Saxena (Jaipur), Dr. Sandeep Aggarwal (Panipat), Dr. G K Goel (Gurgaon)
4:40PM-5:40PM	SYMPOSIUM: SAVE KIDNEY-SAVE LIFE (12 + 2 Min) a) Urine Analysis: Liquid Biopsy of Kidney: Dr. Deepak Das (Bareilly) b) Important Points in Managing CKD : Dr. Manish Jain (Gurgaon) c) Newer Modules in CKD Management : Dr. Deepak Jain (Rohtak) d) Stem Cell Therapy/Renal Transplant : Dr. E Prabhu (Chennai) Chairpersons: Dr. S K Virmani (Gurgaon), Dr. Anshul Sehgal (), Dr. Anupam Roy (Gurgaon)
5:40 PM-6:00 PM	Managing Arrhythmias: OPD Practice Speaker: Dr Basant Kumar (PGI Chandigarh) Chairpersons: Dr. Sameer Gupta (Ambala), Dr. Kamal Chiraya (Karnal),
6:00PM-6:20PM	Anti-Platelet Therapy in PTCA: Current trends Speaker: Dr. D P Singh (Bhagalpur) Chairpersons: Dr. Arvind Lohan (Faridabad), Dr. Rahul Singla (Rewari), Dr. Anoop Chhabra (Gurgaon)
6:20PM-6:40PM	Interventions in AMI:What's New Speaker: DR M S Sandhu Chairpersons: Dr. Rajnish Sehgal (Hisar), Dr. Mandeep Garg (Hisar) Dr. K L Kathuria (Gurgaon)
6:40PM-7:00PM	AAP KI ADALAT: PTCA Vs CABG Speaker: Cardiologist: Dr Praveen Chandra (Gurgaon) Moderator: Dr. Aditya Batra(Rohtak) 3rd Umpire: Dr. P K Marwah (Rohtak)
7:00PM-8:00PM	SYMPOSIUM: Neurology (TBA) Speaker: Dr. Sumit Singh Et Al Moderator; Dr.Tanu Arora (Karnal) Chairpersons: Dr. Pratap Singh (Panipat), Dr. Suraj Sigh (Karnal),
8:15PM-8:45PM	INAUGURATION
5:30PM-6:00PM	DANCE & MUSIC: Bollywood Ishtyle: Gala Dinner

Saturday 2nd December 2023, Hall-B

TIMING	TOPIC
2:00 PM-3:00 PM	<p>Symposium: Diabetic Leg/Foot</p> <p>A) Evaluation Of Diabetic Foot: Dr R K Modi (Patna) B) Managing Diabetic Foot: Dr Anuradha Kapoor (Mumbai) A) Predictors of Treatment Failure in Diabetic Foot: Dr Gagan Gunjan B) New Concepts in Diabetic foot: Dr. Arvinda Jagdesha</p> <p><i>Chairpersons:</i></p>
3:00PM-3:20PM	<p>Relevance of Hyperuricemia in Clinical Practice Speaker: Dr. Samarjit Banik <i>Chairpersons: Dr. K K Singhal (Solan), Dr. Sandeep Aggarwal (Panipat), Dr. N C Singhal (Gurgaon)</i></p>
3:20PM-3:40PM	<p>Non Pharmacological Treatment of HTN Speaker: Dr. Ashutosh Chaturvedi (Jaipur) <i>Chairpersons: Dr S S Dariya (Jaipur); Dr Dipesh Talwar (Sirsa); Dr Rajiv Aggarwal (Palwal)</i></p>
3:40PM-4:00PM	<p>MNT in clinical Practice: Its relevance Speaker: Dr Sonika Lamba <i>Chairpersons: Dr. V K Chugh (Bhiwani), Dr. M D Chhabra (Hisar), Dr Jayanti Gupta (Gurgaon)</i></p>
4:20PM-4:40PM	<p>Resistant HTN Speakers: Dr. A K Arya (Jamshedpur) <i>Chairpersons: Dr. Ajay Gupta (Hisar), Dr. Jitender Gupta (Gurgaon)</i></p>
4:40PM-5:00PM	<p>Biosimilar Insulins Speaker: Dr Ashish Saxena (Ludhiana) <i>Chairpersons: Dr. Gajraj Kaushik (Gohana), Dr. Ashok Chandna (Faridabad), Dr. Sanjay Gupta (Gurgaon)</i></p>
5:00PM-5:20PM	<p>HEPATORENAL SYNDROME.. Management Guidelines Speaker: Dr. Rajeev Jha (Indore) <i>Chairpersons: Dr. Rajiv Mittal (Panipat), Dr. Ravi Mohan (Rohtak), Dr. Sunil Bansal (Gurgaon)</i></p>
5:20PM-6:00PM	<p>High Tea</p>
6:00 PM-7:30 PM	<p>DISTANCE LEARNING PROGRAMME <i>Chairpersons:</i></p>
6:00-6:25 PM	<p>Cardio Metabolic Challenges in the New World Speaker: Dr Rajay Narain UK</p>
6:25-6:50 PM	<p>Cardiology & Diabetes: Recent Learnings and Ways forward Speaker: Dr Ashish Thakur UK</p>
7:00-7:30PM	<p>Managing Diabetes in ICU Speaker: Dr Vaibhav Gulati HK</p>
7:30-8:00 PM	<p>Diabetic Complications: Peripheral Art.Disease Speaker: Dr Dorji Wongchuk, Bhutan</p>

Sunday 3rd December 2023, Hall-A

TIMING	TOPIC
10:00AM-10:20AM	Diabetes & Infections: Deadly Duo Speaker: Dr. S K Dhar (Bhubaneswar) Chairpersons: Dr. Dinesh Gupta (Sonipat), Dr. Neha Gupta (Gurgaon)
10:20AM-10:40AM	Erectile Dysfunction in Metabolic Syndrome Speakers: Dr. Puneet Saxena (Jaipur) Chairpersons: Dr. R S Rawat (Gurgaon), Dr. Sanjeev Sharma (Gurgaon)
10:40AM-11:00AM	Bone Health & Diabetes Speakers: Dr. P K Aggarwal (Katihar) Chairpersons: Dr. Rajiv Dang (Gurgaon), Dr. Umesh Sehgal (Gurgaon)
11:00AM-11:20AM	Metabolic Connections to Recurrent Renal calculi Speaker: Dr Sameer Aggarwal (Rohtak) Moderators: Dr. K K Singhal (Solana)
11:30AM-12:00PM	Presidential Oration (Artificial Sweeteners) Speaker: Dr. Ashok Taneja Chairpersons: Dr. A N Rai (Gaya), Dr. K K Pareek (Kota), Dr. Anil Virmani (Jamshedpur)
12:00PM-12:20PM	Tackling Joint Pains: In Metabolic Syndrome patients. Tackling Rheumatological Diseases In Patients of Metabolic syndrome Speaker: Dr. Harpreet Singh (Rohtak) Chairpersons: Dr. Niharika (Patna), Dr. Tarana Gupta (Rohtak) Dr. Sunil Bansal (Gurgaon)
12:20PM-12:40PM	Assessment of Silent CAD in DM Speaker: Dr. Aditya Batra (Rohtak) Chairpersons: Dr. Dharam Pal Jain (Jind), Dr. Parven Malik (ESI Faridabad), Dr. Anshul Wadhwa (Gurgaon)
12:40PM-1:00PM	Adult Immunization in Cardio-Diabetics Patients Speaker: Dr Suresh Purohit (Mumbai) Chairpersons: Dr. Amitabh Parti (Gurgaon), Dr. R S Malik (Gurgaon), Dr. Sushila Kataria (Gurgaon)
1:00PM-1:20PM	Advances in Management of Heart Failure Speaker: Dr Amit Bhushan Sharma (Gurugram):Sponsored Chairpersons: Dr. Divya Saxena (Sonipat), Dr. Arif Khan (Gurgaon)
1:20PM-1:40PM	Echocardiography assessment of Heart in DM Speaker: Dr. Rakesh Gupta (Delhi) Chairpersons: Dr. Sumit Wadhwa (Gurgaon), Dr. Ravinder Gupta (Hisar)
1:40PM-2:00PM	Improving Pulmonary Functions-Cardio-Diabetic Disorders Speaker: Dr. Dhruv Chaudhary Chairpersons:Dr. Girish Khurana (Bahadurgarh), Dr Karan Poonia (Bhiwani)
2:00PM-2:30PM	Valedictory & Award Function