



CCDSICON 2023

7TH ANNUAL NATIONAL CONFERENCE OF (CCDSI)
CLINICAL CARDIO DIABETIC SOCIETY OF INDIA

*Scientific Bonanza on Cardio-Diabetic-
Metabolic Syndrome*

1ST - 3RD DECEMBER 2023

VENUE: HOTEL LE MERIDIEN, SECTOR 26
M.G. ROAD, GURUGRAM, HARYANA



SCIENTIFIC PROGRAMME



Dr Y. P. Munjal
Patron



Dr (Prof.) A. N. Rai
Patron & Founder President



Dr Anil Virmani
National President



Dr Ashok K Taneja
President Elect &
Chairman Scientific Committee



Dr D. P. Khaitan
Dean ICCMD



Dr Jayant Panda
Imm. Past President



Dr Mrityunjay K Singh
National Secretary



Dr Ram Sewak
National Treasurer



Dr Munish Prabhakar
Organizing Secretary



Dr Pawan Goel
Vice President, CCDSIH



Dr Sandeep Suri
Vice President, CCDSIH



Dr Sanjiv Kapoor
Chairman API, Haryana



Dr Rakesh Gupta
Secretary API, Haryana



Dr Ravindra Gupta
Chairman API, Gurugram



Dr Harpreet Pasricha
API Gurugram Secretary



Dr Ayush Bansal
Treasurer, CCDSIH

Organized by: CCDSI Haryana

Co-Hosted by: API Gurugram & API Haryana

Welcome Message

देसां में देस हरीयाणा.....

Welcome to Gurugram, Haryana...



It is our pleasure to host you for the 7th Annual Conference of (CCDSI) Clinical Cardio Diabetic Society of India, at this historic city, The Land of Guru Dronacharya, "The Seat of Learning" from 1st to 3rd December 2023 at Hotel Le Méridien, Sector 26 M.G. Road, Gurugram, Haryana

It is indeed true that the healthcare system is constantly evolving and Artificial Intelligence has become a crucial aspect of modern healthcare.

Medical conferences like this play a vital role in imparting education and keeping healthcare professionals up-to-date with the latest advancements in their field. The inclusion of CMEs, workshops and video conferencing with esteemed leaders in medical education from around the world adds immense value to this conference.

All doctors, practising Clinical Cardiology & Diabetology must attend this conference. The scientific program, along with the feasts of Haryanavi cuisine, musical extravaganza and morning yoga and relaxation classes, sounds truly enticing. All these activities will make the conference not only educative but also enjoyable for you and your spouse.

Registration Form along with payment details is enclosed on the next page.

"Let's make it-Together We will make it"

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Chairman Scientific
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Vice President, CCDSIH

Dr Sandeep Suri
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Dr Ayush Bansal
Treasurer, CCDSIH

Dr Sanjiv Kapoor
Chairman API, Haryana

Dr Rakesh Gupta
Secretary API, Haryana

Dr Ravindra Gupta
Chairman API, Gurugram

Dr Harpreet Pasricha
API Gurugram Secretary

SCIENTIFIC PROGRAMME

Friday, 1st December 2023, Hall-A	
TIMING	TOPIC
3:30PM-3:50PM	BP Measurement: The Best way Speaker: Dr. P D Pahwa (Gurgaon) Chairpersons: Dr Pawan Goel (Rewari) Dr Joy Chakraborty (Gurgaon)
3:50PM-4:10PM	Hypertension in Young Speaker: Dr Kamaldeep Chawla (Vadodra) Chairpersons: Dr Apu Adhikari (Kolkata) Dr Hemant Kumar (Narnaul) Dr Ajay Arora (Gurgaon)
4:10PM-4:30PM	Hypertension in Elderly Speaker: Dr A K Singh (Varanasi) Chairpersons: Dr Shailesh Sahay (Gurgaon) Dr Naveen Kumar (Gurgaon)
4:30PM-4:50PM	Managing HTN: Recent Guidelines: Indian Scenario Speaker: Dr Abhishek Kumar (Patna) Chairpersons: Dr Niraj Bohenia (Kolkata) Dr Ravindra Gupta (Gurgaon)
4:50PM-5:10PM	HTN & Heart Speaker: Dr Sanjay Mittal (Gurgaon) Chairpersons: Dr Umesh Khan (Jamshedpur) Dr D S Goel (Ambala) Dr Harpreet Pasricha (Gurgaon)
5:10PM-5:30PM	Acute Stroke & HTN: Management Guidelines Speaker: Dr Madhukar Rai (Varanasi) Chairpersons: Dr U S Rai (Patna) Dr Pawan Wadhawan (Panipat) Dr P D Pahwa (Gurgaon)
5:30PM-6:00PM	Debate: Management of STEMI (12+12+3+3) (a) Is Thrombolysis Dead: Dr Vikas Singh (Patna) (b) No Thrombolysis is still Alive: Dr Ajay Sinha (Patna) Chairpersons: Dr Ram Sewak (Gaya) Dr Satish Gulati (Rohtak) Dr Rajesh Kakkar (Gurgaon)
6:00PM-6:20PM	HIGH TEA

6:20PM-6:40PM	MEET THE MASTER: ECG Analysis Made Simple Speaker: Dr D P Khaitan (Gaya) Chairpersons: Dr Mahesh Rath (Bhubaneswar) Dr Dipesh Talwar (Sirsā) Dr Prabhat Goel (Gurgaon)
6:40PM-7:00PM	Gut in Diabetes Speaker: Dr Arvind Kumar (Gurgaon) Chairpersons: Dr Pawan Rawal (Gurgaon) Dr Sonika Lamba (Rohtak) Dr S C Baluja (Gurgaon)
7:00PM-7:20PM	MAFLD: Metabolic Disorder Associated Liver Disease Speaker: Dr K K Lohani (Gaya) Chairpersons: Dr Tapas Bandyopadhyay (Kolkata) Dr Manoj Aggarwal (Ambala) Dr Ayush Bansal (Gurgaon)
7:20PM-7:40PM	DKD: What is new in 2023 Speaker: Dr Raj Kamal Chaudhary (Patna) Chairpersons: Dr Ashish Aggarwal (Koba) Dr Debashish Chakraborty (Kolkata) Dr S K Aggarwal (Gurgaon)
7:40PM-8:00PM	NDKD in Diabetics Speaker: Dr Mritunjay Kumar Singh (Gaya) Chairpersons: Dr Akansha Rastogi (Gurgaon) Dr Jaswinder Singh Anand (Gurgaon)
8:00PM-8:30PM	Key Note Address: Role of SGLT2 Inhibitors in Non Diabetics Speaker: Dr A N Rai (Gaya) Chairpersons: Dr P S Gehlot (Rohtak) Dr R P Gupta (Gurgaon)
8:30PM-9:00PM	GBM (President: Dr Anil Virmani)
9:00PM	Unwind Yourself with Soulful Music

Saturday, 2nd December 2023, Hall-A

TIMING	TOPIC
9:40AM-10:00AM	Treadmill Stress Test: Pros & Cons. Speaker: Dr Sajid Ansari (Lucknow) Chairpersons: Dr S S Dariya (Jaipur) Dr Tejinder Singh (Karnal) Dr A K Singhal (Hansi)
10:00AM -10:20AM	Glycemic Variability: How to tackle Speaker: Dr Anil Virmani (Jamshedpur) Chairpersons: Dr S K Panda (Bhubaneswar) Dr Harish Batra (Panipat) Dr Surender Mittal (Narnaul)
10:20AM -10:40PM	Obesity In Young: Rising Trends & Control Speaker: Dr Sandeep Suri (Hisar) Chairpersons: Dr N K Jain (Gurgaon) Dr Raman Abhi (Gurgaon) Dr Gagan Gunjan (Patna)
10:40AM-11:40AM	Insulins: Symposium (10 Min + 2 Min+ 10 Min Q/A) A) Who Needs & Why: Dr Prakash Keshwani (Jaipur) B) Regimens-Which, When & Why?: Dr P K Singh (Beghusarai) C) Insulin Initiation in Indian Scenario: Dr Lt. Col S K Singh (Pune) D) Newer Insulins: Dr B K Singh (Aurangabad) Moderator: Dr Sanjeev Kapoor (Faridabad)
11:40AM-12:20PM	PANEL DISCUSSION : LIFE-STYLE MODIFICATION (8+ 2 Min + Q/A) Moderator: Dr N C Singhal (Jamshedpur) A) WHY LSM is Must : Dr R P Singh (Gurgaon) B) What are the Modalities: Dr Chandan Das (Bhubaneswar) C) Focus on Top 3: Dr Noni Gopal Singha (Digboi-Assam) (Diet-Exercise-Stress)
12:20PM-12:40PM	Dr A N Rai Oration: Cardiovascular benefits of Anti-diabetic medications Speaker: Dr Jayant Panda (Bhubaneswar) Chairpersons: Dr Abhishek Kumar (Patna) Dr Munish Prabhakar (Gurgaon)
12:40PM-1:00PM	Insulins in T2DM-The Dichotomy of Evolution & Adoption Speaker: Dr Beena Bansal (Gurgaon) Chairpersons: Dr Umesh Sehgal (Gurgaon) Dr Neelima Mishra (Gurgaon) Dr Naresh Kumar Khanna (Hisar)

1:00PM-1:40PM	PANEL DISCUSSION: Hyperglycemia in Pregnancy (Each Speaker 9 Min+ 2 Min Moderator+6 Min Q/A) Moderator: Dr R P Gupta (Gurgaon) Dr Madan Jeet Pasricha (GOGS) A. Definition & Diagnostic Criteria: Dr S C Jha (Darbhanga) B. Managing During Pregnancy: Dr Ritu Jain (FOGSI Gurgaon) C. Nutrition Guidelines in GDM: Dr Hridish Chakravarti (Kolkata)
1:40PM-2:00PM	LUNCH
2:00PM-2:40PM	LIPIDS: SYMPOSIUM (13 + 2 Min) a) Case based approach to Lipids Management: Dr P K Sinha (Gaya) b) What Else to Lower lipids without drugs: Dr Arun Kedia (Raipur) c) Weight Reduction: Modules: Dr S S Dariya (Jaipur) Chairpersons: Dr Rakesh Gupta (Faridabad) Dr M K Singh (Gurgaon)
2:40PM-3:00PM	Diabetes & Dyslipidemia: Challenges in Management Speaker: Dr Shaibal Guha (Patna) Chairpersons: Dr S P Yadav (Rewari) Dr H Khemchandani (Gurgaon) Dr Ishwar Agarwal (Kashipur)
3:00PM-3:20PM	CAD in Women: How is it different? Challenges in the diagnosis & Management Speaker: Dr Neelam Dahiya (Chandigarh) Chairpersons: Dr Anil Dhingra (Gurgaon) Dr Vishnu Bhagwan (Gurgaon) Dr Vitull K Gupta (Bathinda)
3:20PM-3:40PM	CCDSI ORATION : CVD Risk in Type 1 Diabetes– Is it Real Speaker: Dr Dheeraj Kapoor (Gurgaon) Chairpersons: Dr B B Thakur (Muzaffarpur) Dr A N Rai (Gaya) Dr Anil Virmani (Jamshedpur)
3:40PM-4:00PM	Sub Clinical Hypothyroidism Speaker: Dr Shankha Sen (Kolkata) Chairpersons: Dr Hridish Chakravarti (Kolkata) Dr Parveen Gupta (Karnal) Dr Ashok Chandra (Faridabad)
4:00PM-4:20PM	Post Prandial Hyperglycemia - Predictor of CVD Speaker: Dr S Arulraj (Tuticorin) Chairpersons: Dr Arun Purohit (Gurgaon) Dr Harsh N Arora (Faridabad) Dr Seema Shahi (Gurgaon)

4:20PM-4:40PM	Heal The Healer: Lifestyle Mod in Drs: Jugal Bandi Speaker: Dr.Munish Prabhakar et al. (Gurgaon) Chairpersons: Dr Puneet Saxena (Jaipur) Dr B K Saini (Rohtak) Dr G K Goel (Gurgaon)
4:40PM-5:40PM	SYMPOSIUM: SAVE KIDNEY-SAVE LIFE (12 + 2 Min) a) Urine Analysis: Liquid Biopsy of Kidney: Dr Deepak Das (Bareilly) b) Important Points in Managing CKD : Dr Manish Jain (Gurgaon) c) Managing Anaemia & Associates in CKD : Dr Deepak Jain (Rohtak) d) Stem Cell Therapy/Renal Transplant : Dr E Prabhu (Chennai) Chairpersons: Dr S K Virmani (Gurgaon) Dr Anshul Sehgal Dr Anupam Roy (Gurgaon)
5:40PM-6:00PM	Managing Arrhythmias: OPD Practice Speaker: Dr Basant Kumar (PGI Chandigarh) Chairpersons: Dr Sameer Gupta (Ambala) Dr Kamal Chiraya (Karnal)
6:00PM-6:20PM	Anti-Platelet Therapy in PTCA: Current trends Speaker: Dr D P Singh (Bhagalpur) Chairpersons: Dr Arvind Lohan (Faridabad) Dr Rahul Singla (Rewari) Dr Anoop Chhabra (Gurgaon)
6:20PM-6:40PM	Interventions in AMI: What's New Speaker: Dr M S Sandhu Chairpersons: Dr Rajnish Sehgal (Hisar) Dr Mandeep Garg (Hisar) Dr K L Kathuria (Gurgaon)
6:40PM-7:00PM	Non Surgical Valve Replacement & Repair by Percutaneous Approach Speaker: Cardiologist: Dr Praveen Chandra (Gurgaon) Chairpersons: Dr P K Marwah (Rohtak) Dr Sushila Ishwar (Rohtak) Dr Snehlata Verma (Meerut)
7:00PM-8:00PM	SYMPOSIUM: Neurology (TBA) Moderator: Dr.Tanu Arora (Karnal) (A) Metabolic Syndrome and Stroke: Dr Sumit Singh (B) Metabolic Syndrome and Cognition: Dr Mohit Anand (C) Metabolic Syndrome and Headache: Dr Manish Mahajan (D) Discussion Chairpersons: Dr Pratap Singh (Panipat) Dr Pradeep Kumar (Gurgaon)
8:15PM-8:45PM	INAUGURATION
	DANCE & MUSIC: Bollywood Ishtyle: Gala Dinner

Saturday, 2nd December 2023, Hall-B

TIMING	TOPIC
2:00PM-3:00PM	Symposium: Diabetic Leg/Foot A) Evaluation Of Diabetic Foot: <i>Dr R K Modi (Patna)</i> B) Managing Diabetic Foot: <i>Dr Anuradha Kapoor (Mumbai)</i> C) Predictors of Treatment Failure in Diabetic Foot: <i>Dr Gagan Gunjan (Bhagalpur)</i> D) New Concepts in Diabetic foot: <i>Dr Arvinda Jagdesha(Bengaluru)</i> Chairpersons: <i>Dr Gulshan Arora (Gurgaon)</i> <i>Dr Ila Samar (Gurgaon)</i>
3:00PM-3:20PM	Relevance of Hyperuricemia in Clinical Practice Speaker: <i>Dr Samarjit Banik (Siliguri)</i> Chairpersons: <i>Dr K K Singhal (Solan)</i> <i>Dr Sandeep Aggarwal (Panipat)</i> <i>Dr N C Singhal (Gurgaon)</i>
3:20PM-3:40PM	Non Pharmacological Treatment of HTN Speaker: <i>Dr Ashutosh Chaturvedi (Jaipur)</i> Chairpersons: <i>Dr S S Dariya (Jaipur)</i> <i>Dr Dipesh Talwar (Sirsa)</i> <i>Dr Rajiv Aggarwal (Palwal)</i>
3:40PM-4:00PM	MNT in clinical Practice: Its relevance Speaker: <i>Dr Sonika Lamba (Sonipat)</i> Chairpersons: <i>Dr V K Chugh (Bhiwani)</i> <i>Dr M D Chhabra (Hisar)</i> <i>Dr Jayanti Gupta (Gurgaon)</i>
4:20PM-4:40PM	Resistant HTN Speakers: <i>Dr A K Arya (Jamshedpur)</i> Chairpersons: <i>Dr J K Gulati (Yamunanagar)</i> <i>Dr Jitender Gupta (Gurgaon)</i> <i>Dr Navdeep Sharma Thakarwal</i>
4:40PM-5:00PM	Biosimilar Insulins Speaker: <i>Dr Ashish Saxena (Ludhiana)</i> Chairpersons: <i>Dr Gajraj Kaushik (Gohana)</i> <i>Dr Ashok Chandna (Faridabad)</i> <i>Dr Sanjay Gupta (Gurgaon)</i>
5:00PM-5:20PM	HEPATORENAL SYNDROME.. Management Guidelines Speaker: <i>Dr Rajeev Kumar Jha (Patna)</i> Chairpersons: <i>Dr Rajiv Mittal (Panipat)</i> <i>Dr Ravi Mohan (Rohtak)</i> <i>Dr Sunil Bansal (Gurgaon)</i>
5:20PM-6:00PM	HIGH TEA

6:00PM-7:30PM	Distance Learning Programme Chairpersons: Dr Sanjiv Sharma (Gurgaon) Dr Varun Raina (Gurgaon) Dr Col. Shiv Kumar (Gurgaon)
6:00PM-6:25 PM	Cardio Metabolic Challenges in the New World Speaker: Dr Rajay Narain (UK)
6:25PM-6:50PM	Cardiology & Diabetes: Recent Learnings and Ways forward Speaker: Dr Ashish Thakur (UK)
7:00PM-7:30PM	Managing Diabetes in ICU Speaker: Dr Vaibhav Gulati (HK)
7:30PM-8:00PM	Diabetic Complications: Peripheral Art Disease Speaker: Dr Dorji Wongchuk (Bhutan)

Sunday, 3rd December 2023, Hall-A

9:50AM-10:10AM	CCDSI Guidelines: Prevention of Cardio Metabolic Disorders Speaker: Dr L. Srinivasa Murthy Moderator: Dr Anil Virmani Chairpersons: Dr Mandeep Garg (Sirsa) Dr R C Sharma (Gurgaon)
10:10AM-10:30AM	Diabetes & Infections: Deadly Duo Speaker: Dr S K Dhar (Bhubaneshwar) Chairpersons: Dr Dinesh Gupta (Sonipat) Dr Neha Gupta (Gurgaon) Dr Sahil Popli (Hisar)
10:30AM-10:50AM	Erectile Dysfunction in Metabolic Syndrome Speakers: Dr Puneet Saxena (Jaipur) Chairpersons: Dr R S Rawat (Gurgaon) Dr Sanjeev Sharma (Gurgaon) Dr Anshul Sehgal (Fatehabad)
10:50AM-11:10AM	New Insulin Sensitizer in Indian Market-Lobeglitazone Speaker: Dr Diksha Goyal (Gurgaon) Chairpersons: Dr Rajiv Dang (Gurgaon) Dr Umesh Sehgal (Gurgaon) Dr Vikas Kaushal
11:10AM-11:30AM	Metabolic Connections to Recurrent Renal calculi Speaker: Dr Sameer Aggarwal (Rohtak) Chairpersons: Dr K K Singhal (Solani) Dr Rajesh Deshwal (Gurgaon) Dr R S Rawat (Gurgaon)
11:30AM-12:00PM	Presidential Oration (Sweetness: Natural/Artificial) Speaker: Dr Ashok Taneja (Gurgaon) Chairpersons: Dr A N Rai (Gaya) Dr Madhukar Rai (Varanasi) Dr Anil Virmani (Jamshedpur)
12:00PM-12:20PM	Tackling Rheumatological Diseases In Patients of Metabolic syndrome Speaker: Dr Harpreet Singh (Rohtak) Chairpersons: Dr Niharika (Patna) Dr Tarana Gupta (Rohtak) Dr Rajiv Dang (Gurgaon)
12:20PM-12:40PM	Assessment of Silent CAD in DM Speaker: Dr Aditya Batra (Rohtak) Chairpersons: Dr Dharam Pal Jain (Jind) Dr Parven Malik (ESI Faridabad) Dr Anshul Wadhwa (Gurgaon)

12:40PM-1:00PM	Adult Immunization in Cardio-Diabetics Patients Speaker: Dr Suresh Purohit (Mumbai) Chairpersons: Dr Amitabh Parti (Gurgaon) Dr R S Malik (Gurgaon) Dr Sushila Kataria (Gurgaon)
1:00PM-1:20PM	Advances in Management of Heart Failure Speaker: Dr Amit Bhushan Sharma (Gurgaon) Chairperson: Dr Arif Khan (Gurgaon) Dr Sanjay Singla (Patiala) Dr Abhinav Bhardwaj (Bhiwani)
1:20PM-1:40PM	Echocardiography assessment of Heart in DM Speaker: Dr Rakesh Gupta (Delhi) Chairpersons: Dr Sumit Wadhwa (Gurgaon) Dr Ravinder Gupta (Hisar) Dr Ashok Gupta (Gurgaon)
1:40PM-2:00PM	Improving Pulmonary Functions in Cardio-Diabetic Disorders Speaker: Dr Dhruv Chaudhary (Rohtak) Chairpersons: Dr Girish Khurana (Bahadurgarh) Dr Karan Poonia (Bhiwani) Dr Arjita Kumar (Gurgaon)
2:00PM-2:30PM	Valedictory & Award Function
2:30 PM Onwards	Lunch

CCDSICON 2023-PROGRAMME AT A GLANCE

1st December 2023: Friday

1:30PM -3:00PM	Lunch
3:00PM-3:30PM	Executive Meet
3:30PM-8:30PM	Scientific Programme: Hall A
8:30PM	GBM : Under the Presidentship of Dr Anil Virmani
9:00PM	Unwind yourself with Music & Dinner

CCDSICON 2023-PROGRAMME AT A GLANCE

2nd December 2023: Saturday

9:00AM-11:00AM	Oral Papers & Posters	Hall B
9:30AM-8:15PM	Scientific Programme	Hall A
11:00AM-1:00PM	Cultural Programme: For Spouses	Hall B
4:00PM-7:00PM	Scientific Programme & Distance Learning	Hall B
7:30PM	Inauguration	Hall A
8:30PM	Gala Dinner	

CCDSICON 2023-PROGRAMME AT A GLANCE

3rd December 2023: Sunday

10:00AM	Scientific Session	Hall A
2:30PM	Valedictory Function & Award ceremony	Hall A
3:00PM	GBM (Under the Presidentship of Dr Ashok Taneja)	Hall A

Important Contacts for CCDSICON 2023

Registration	Mr Vyas	+91 9821279003
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