



# CCDSICON (B&J) - 2023

7<sup>th</sup> Annual Conference of Clinical Cardio & Diabetic Society of India  
(Bihar & Jharkhand)

Date : 07<sup>th</sup> - 09<sup>th</sup> April, 2023

Venue :  
Jubilee Hall, Begusarai

Scientific  
Programme



Dr. (Prof.) A. N. Rai  
Founder President



Dr. A. K. Virmani  
President CCDSI



Dr. P. K. Singh  
Chairman CCDSI (B&J) & Organising Chairman



Dr. Ajeet Kr. Sinha  
Chairman Scientific Committee



Dr. Mrityunjay Kr. Singh  
Secretary, CCDSI



Dr. Abhishek Kumar  
Secretary CCDSI (B&J)



Dr. Sumit Kr. Verma  
Organising Secretary CCDSICON (B&J)

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BEGUSARAI



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## Scientific Programme

Day 01<sup>st</sup> 07.04.2023 (Friday)

16.00 hrs. - Onwards ...

Registration

| TIME | TOPICS | SPEAKERS | CHAIRPERSONS |
|------|--------|----------|--------------|
|------|--------|----------|--------------|

### Workshop

|                    |                                                   |                                     |                               |
|--------------------|---------------------------------------------------|-------------------------------------|-------------------------------|
| 17.00 - 17.45 hrs. | CPR Workshop                                      | Dr. Ajay Sinha, Patna               | Dr. A. K. Virmani, Jamshedpur |
| 17.45 - 18.15 hrs. | सीने का दर्द: कितना घातक ?                        | डॉ सुमित कुमार वर्मा, बेगूसराय      | Dr. P. K. Singh, Begusarai    |
| 18.15 - 19.00 hrs. | मधुमेह एवं हृदय रोग: जीवनशैली में आवश्यक परिवर्तन | डॉ गुरुराज बी सत्तूर, हुबली कर्नाटक | Dr. D. P. Khaitan, Ahmedabad  |
|                    |                                                   |                                     | Dr. Binay Kumar, Begusarai    |

FOLLOWED BY FACULTY DINNER

Day 02<sup>nd</sup> 08.04.2023 (Saturday)

08.30 hrs. - Onwards ...

Registration

Scientific Programme Inauguration

Session (1) Diabetes - I, 9.00 - 10.20 hrs. | Moderator - Dr. R. K. Modi, Purnea

|                    |                                        |                                  |                                 |
|--------------------|----------------------------------------|----------------------------------|---------------------------------|
| 09.00 - 09.20 hrs. | Type 1.5 diabetes Mellitus             | Dr. Rahul Kumar Singh, Begusarai | Dr. Umesh Khan, Jamshedpur      |
| 09.20 - 09.40 hrs. | Carbohydrates facts for Diabetes       | Dr. R. R. Verma, Gaya            | Dr. Prabhakar Thakur, Begusarai |
| 09.40 - 10.00 hrs. | Diabetes and Gut Microbiota            | Dr. N. C. Singhal, Jamshedpur    | Dr. Mrityunjay Kumar, Begusarai |
| 10.00 - 10.20 hrs. | Hypoglycaemia in non-diabetic patients | Dr. A. K. Arya, Jamshedpur       | Dr. Deepak, Begusarai           |

Session (2) Clinical Cardiology - I, 10.20 - 11.40 hrs. | Moderator - Dr. (Prof.) A. N. Rai, Gaya

|                    |                                                                         |                               |                                  |
|--------------------|-------------------------------------------------------------------------|-------------------------------|----------------------------------|
| 10.20 - 10.40 hrs. | Fundamental Laws for ECG analysis                                       | Dr. D. P. Khaitan, Ahmedabad  | Dr. S. K. Goenka, Begusarai      |
| 10.40 - 11.00 hrs. | Approach to Chest Pain                                                  | Dr. Abhay Krishna, Jamshedpur | Dr. Ashok Kumar Gupta, Begusarai |
| 11.00 - 11.20 hrs. | X ray in Cardiology                                                     | Dr. Kunal Shekhar, Faridabad  | Dr. Sumit Kumar Verma, Begusarai |
| 11.20 - 11.40 hrs. | Atrial Fibrillation: rate or rhythm control? The debate still continues | Dr. Ajay Sinha, Patna         | Dr. Priya Ranjan, Begusarai      |

Session (3) Pearls - I, 11.40 - 13.00 hrs. | Moderator - Dr. R. R. Choudhary, Delhi

|                    |                                                              |                                   |                                       |
|--------------------|--------------------------------------------------------------|-----------------------------------|---------------------------------------|
| 11.40 - 12.00 hrs. | Intermittent fasting :Theoretical or Practical ?             | Dr. Sudhir Chandra Jha, Darbhanga | Dr. N. C. Singhal, Jamshedpur         |
| 12.00 - 12.20 hrs. | Diabetic Kidney Disease:What's new                           | Dr. Pramod Kumar Singh, Begusarai | Dr. Shyam Narayan Prasad, Biharsharif |
| 12.20 - 12.40 hrs. | Paradigm shift in management of Diabetes in last two decades | Dr. J. K. Panda, Cuttuck          | Dr. K. K. Lohani, Gaya                |
| 12.40 - 13.00 hrs. | Diabetic Distress                                            | Dr. A. K. Virmani, Jamshedpur     | Dr. Deepak Kumar Singh, Begusarai     |

13.00 - 13.40 hrs.

LUNCH

Session (4) Diabetes - 2, 13.40 - 15.00 hrs. | Moderator - Dr. K. S. Jha, Bettiah

|                    |                                                  |                                    |                          |
|--------------------|--------------------------------------------------|------------------------------------|--------------------------|
| 13.40 - 14.00 hrs. | OSA and Diabetes                                 | Dr. Rajiv Ranjan, Chapra           | Dr. R. S. P. Singh, Gaya |
| 14.00 - 14.20 hrs. | Management of COPD / Asthma in Diabetic Patient  | Dr. Amitabh Banka, Patna           | Dr. N. K. Nawal, Gaya    |
| 14.20 - 14.40 hrs. | Diabetes and Covid 19                            | Dr. Raj Kamal Choudhary, Bhagalpur | Dr. Gagan Gunjan, Ranchi |
| 14.40 - 15.00 hrs. | Type 2 Diabetes in young : the Pitfalls & Perils | Dr. Mahavir Thakur, Sitamarhi      | Dr. Samwarth, Begusarai  |

Session (5) Clinical Cardiology - 2, 15.00 - 16.00 hrs. | Moderator - Dr. (Prof.) A. N. Rai, Gaya

|                    |                                                          |                                 |                                    |
|--------------------|----------------------------------------------------------|---------------------------------|------------------------------------|
| 15.00 - 15.20 hrs. | ECG in Myocardial Infarction                             | Dr. Harnish Singh Bhatia, Delhi | Dr. Satya Prakash, Begusarai       |
| 15.20 - 15.40 hrs. | Approach to pedal oedema                                 | Dr. Sahil Sareen, Jalandhar     | Dr. Shiladitya Kumar Singh, Purnea |
| 15.40 - 16.00 hrs. | Management of Atrial Fibrillation: Case based Discussion | Dr. Priya Ranjan, Begusarai     | Dr. Dheeraj Shandilya, Begusarai   |
|                    |                                                          |                                 | Dr. Piyush Kumar, Begusarai        |

Session (6) Hypertension Update, 16.00 - 17.00 hrs. | Moderator - Dr Ajeet K Sinha, Begusarai

|                    |                                        |                              |                               |
|--------------------|----------------------------------------|------------------------------|-------------------------------|
| 16.00 - 16.20 hrs. | HTN in India : where we stand today    | Dr. Abhishek Kumar, Patna    | Dr. S. K. Goenka, Begusarai   |
| 16.20 - 16.40 hrs. | Current management of HTN: an overview | Dr. Shankha S. Sen, Siliguri | Dr. K. K. Mishra, Katihar     |
| 16.40 - 17.00 hrs. | Masked HTN :An Update                  | Dr. P. K. Agrawal, Katihar   | Dr. Awadhesh Kumar, Begusarai |
|                    |                                        |                              | Dr. Nasar Abdali, Patna       |



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| TIME                                                                                            | TOPICS                                                    | SPEAKERS                              | CHAIRPERSONS                                        |
|-------------------------------------------------------------------------------------------------|-----------------------------------------------------------|---------------------------------------|-----------------------------------------------------|
| 17.00 - 18.00 hrs. CCDSICON (B&J) - 2023 INAUGURATION                                           |                                                           |                                       |                                                     |
| Session (7) Pearls - 2, 18.00 - 19.20 hrs.   Moderator - Dr. Mritunjay Kumar Singh, Gaya        |                                                           |                                       |                                                     |
| 18.00 - 18.20 hrs.                                                                              | Insulin therapy in Diabetes                               | Dr. Prabhat Kumar Singh, Darbhanga    | Dr. Ravi Shankar Singh, Begusarai                   |
| 18.20 - 18.40 hrs.                                                                              | Remission of Diabetes : facts and fads                    | Dr. Shaibal Guha, Patna               | Dr. Shankar Kumar, Begusarai                        |
| 18.40 - 19.00 hrs.                                                                              | Diabetic Foot : what physicians should know               | Dr. R. K. Modi, Purnia                | Dr. Pranshu Kumar, Gaya                             |
| 19.00 - 19.20 hrs.                                                                              | Stress Hyperglycemia & it's Management                    | Dr. Divendu Bhushan, Patna            | Dr. Sanjeet Kumar, Begusarai                        |
| 19.20 - 19.50 hrs. GB MEETING                                                                   |                                                           |                                       |                                                     |
| 20.00 Onwards GALA DINNER & CULTURAL PROGRAMME                                                  |                                                           |                                       |                                                     |
| Day 03 <sup>rd</sup> 09.04.2023 (Sunday)                                                        |                                                           |                                       |                                                     |
| Session (8) Heart Failure Symposium 09.00 - 10.00 hrs.   Moderator - Dr. R. R. Choudhary, Delhi |                                                           |                                       |                                                     |
| 09.00 - 09.15 hrs.                                                                              | Heart Failure with Preserved Ejection Fraction            | Dr. Chandra Mohan Belwal, Dehradun    | Dr. Amit Kumar Sinha, Gaya                          |
| 09.15 - 09.30 hrs.                                                                              | Heart Failure in elderly                                  | Dr. E. Prabhu, Chennai                | Dr. Nitish Kumar Ranjan, Patna                      |
| 09.30 - 09.45 hrs.                                                                              | Heart Failure with Reduced Ejection Fraction              | Dr. Nishant Kumar Abhishek, Patna     | Dr. Shushant Kumar Pathak, Patna                    |
| 09.45 - 10.00 hrs.                                                                              | Heart Failure in pregnancy                                | Dr. Sajid Ansari, Lucknow             | Dr. Pramod Kumar, Patna                             |
| Session (09) Management of Dyslipidaemia - Panel Discussion, 10.00-11.00 hrs.                   |                                                           |                                       |                                                     |
| Panel Discussion                                                                                |                                                           |                                       | Panellists                                          |
| Dr. K. K. Lohani - Moderator                                                                    |                                                           |                                       | Dr. Nirav Kumar, Patna                              |
|                                                                                                 |                                                           |                                       | Dr. Divendu Bhushan, Patna                          |
|                                                                                                 |                                                           |                                       | Dr. Neeraj Kumar, Gaya                              |
|                                                                                                 |                                                           |                                       | Dr. Gagan Gunjan, Ranchi                            |
| Chairman Oration 11.00 - 11.30 hrs.                                                             |                                                           |                                       |                                                     |
| 11.00 - 11.30 hrs.                                                                              | Musculo - skeletal disorders in diabetes                  | Dr. Umesh Khan, Jamshedpur            | Dr. P. K. Singh, Begusarai   Dr. R. K. Modi, Purnea |
| SESSION (10) Miscellaneous, 11.30 - 12.30 hrs.   Moderator - Dr Neeraj Kumar, Gaya              |                                                           |                                       |                                                     |
| 11.30 - 11.45 hrs.                                                                              | Rheumatic Manifestations in Diabetes                      | Dr. Sudhir Kumar, Patna               | Dr. Arvind Kumar, Patna                             |
| 11.45 - 12.00 hrs.                                                                              | Thrombolysis where it stand today?                        | Dr. Nirav Kumar, Patna                | Dr. Birendra Kumar, Bhagalpur                       |
| 12.00 - 12.15 hrs.                                                                              | Approach to a patient of syncope                          | Dr. Shamshad Alam, Patna              | Dr. Shambhu Kumar, Begusarai                        |
| 12.15 - 12.30 hrs.                                                                              | Few interesting cases                                     | Dr. Sumit Kumar Verma, Begusarai      | Dr. Niharika Sinha, Patna                           |
| SESSION (11) Nephrology, 12.30 - 13.30 hrs.   Moderator - Dr. (Prof.) U. S. Rai, Patna          |                                                           |                                       |                                                     |
| 12.30 - 12.45 hrs.                                                                              | Evidence based guidelines for managing CKD in diabetes    | Dr. Pankaj Hans, Patna                | Dr. Om Kumar, Patna                                 |
| 12.45 - 13.00 hrs.                                                                              | Clinical Cases                                            | Dr. Mritunjay Kumar Singh, Gaya       | Dr. Amresh Krishna, Patna                           |
| 13.00 - 13.15 hrs.                                                                              | Contrast induced Nephropathy - What Physician should know | Dr. Harsh Vardhan, Patna              | Dr. Padmakar Kumar Singh, Begusarai                 |
| 13.15 - 13.30 hrs.                                                                              | Emerging treatment of Cardiorenal syndrome                | Dr. Megha Saigal, Patna               | Dr. Roopak Kumar, Begusarai                         |
| Session (12) PG SESSION 13.30 - 14.10 hrs.                                                      |                                                           |                                       |                                                     |
| 13.30 - 13.40 hrs.                                                                              | Oral Presentation                                         | Dr. Rashmi Singh, IGIMS - Patna       | Dr. R. R. Choudhary, Delhi                          |
| 13.40 - 13.50 hrs.                                                                              | Oral Presentation                                         | Dr. Anjali Kumari, IGIMS - Patna      | Dr. K. K. Lohani, Gaya                              |
| 13.50 - 14.00 hrs.                                                                              | Oral Presentation                                         | Dr. Ajinkya P Udirwade, AIIMS - Patna | Dr. Pankaj Hans, Patna                              |
| 14.00 - 14.10 hrs.                                                                              | Oral Presentation                                         | Dr. Shouvik Chatterjee, PMCH - Patna  | Dr. Mritunjay Kumar Singh, Gaya                     |
| VALIDECTORY FUNCTIONS AND LUNCH                                                                 |                                                           |                                       |                                                     |





Thanks Doctor

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